



THE HSC HEALTH CARE SYSTEM  
Health Services for Children

## 2004 ANNUAL REPORT



## The HSC Foundation

**1808 Eye Street, NW, Suite 600  
Washington, DC 20006-5429**

The mission of The HSC (Health Services for Children) Foundation is to facilitate access to appropriate services for children with special needs and their families in the Washington DC metropolitan area, while conducting regional and national projects with governmental, private, and philanthropic organizations.

Historically, the Foundation has served as the parent organization for two nonprofit entities: The HSC Pediatric Center and Health Services for Children with Special Needs, Inc. In addition to supporting direct service programs, the Foundation is broadening its work to include the development of programs and strategies to enhance access to clinically, linguistically, and culturally appropriate health care services for children with special needs.

## The HSC Pediatric Center

**1731 Bunker Hill Road, NE  
Washington, DC 20017-3096**

The mission of The HSC Pediatric Center is to provide the highest quality rehabilitative and transitional care for infants, children, adolescents, and young adults with special health care needs and their families in a supportive environment that respects their needs, strengths, values, and priorities. The Center is the only pediatric health care facility in the Washington DC metropolitan area dedicated exclusively to providing rehabilitation and transitional care to children and young people from infancy through 21 years of age. The nonprofit Center, one of only 20 facilities nationwide to offer such services, provides innovative, highly effective care for children with complex medical problems and disabilities in a caring, family-centered environment.

## Health Services for Children with Special Needs, Inc.

**1731 Bunker Hill Road, NE • Washington, DC 20017-3096**

Health Services for Children with Special Needs, Inc. is a unique nonprofit care management organization that provides personalized coordination of health care, social, and education services for infants, children, and adolescents who have disabilities and/or complex medical and/or

psychosocial needs. The program, established in 1995, uses intensive individual, family, and community-centered approaches to serve children from birth through the twenty-first year who receive Medicaid and Supplemental Security Income (SSI) benefits, or are SSI-eligible.

The goal of HSCSN is to improve the health status and quality of life for children and adolescents with special needs and their families through:

- Improving access to, and the quality of, health care services for children and adolescents with special needs;

- Coordinating comprehensive, cost-effective services;
- Promoting community health education and outreach activities; and
- Fostering partnerships with public and private programs.

# The HSC Health Care System

The HSC (Health Services for Children) Health Care System is a nonprofit, integrated health care organization. The System is committed to serving children and adolescents with special needs and eliminating barriers to health care services faced by all young people in the Washington, DC metropolitan area. The fundamental focus of The HSC Health Care System's work is to provide family-centered services, guidance and support through education and prevention programs, and linkages with community resources.

## **The System is comprised of three components:**

**The HSC Foundation**, which provides overall governance;

**The HSC Pediatric Center**, the only area hospital dedicated exclusively to providing rehabilitation and transitional care to children and adolescents; and

**Health Services for Children with Special Needs, Inc.**, a nonprofit care management organization that coordinates health care, social, and education services for children and adolescents with special needs.



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## The HSC Health Care System 2004 Programs

### **Aquatic Therapy**

The HSC Pediatric Center offers aquatic and physical therapy in a comfortable warm water indoor therapy pool. Therapists and medical professionals have long recognized the value of aquatic training. Water offers unique qualities that help children to move. The warmth, buoyancy, and velocity-dependent resistance make water the ideal place for children with all levels of disability and impairment.

### **Assistive Technology Team**

The mission of The HSC Pediatric Center's Assistive Technology (AT) Team is to maximize the functional independence of children with disabilities through technological tools. Assistive technology enables children with special needs to communicate, learn, play, interact, access, and control their environment.

### **Champions for Children**

The HSC Pediatric Center's Champions for Children Awards Program seeks to recognize, promote, and award dedicated individuals and community-based nonprofit organizations in the Washington, DC metropolitan area who are effectively working to positively impact the lives of children with special needs and their families. The goal of the program is to increase the community's awareness of the extraordinary contributions of organizations and individuals who are working to improve the lives of these children.



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### **Community Resource Directory**

The HSC Foundation's Community Resource Directory is a guide to community resources throughout the Washington DC metropolitan area for families of children with special needs, health care and social services providers, government agencies, nonprofit organizations, and advocates. The Directory, which is also available as a searchable database at [www.hscpediatriccenter.org](http://www.hscpediatriccenter.org), [www.hscsn-net.org](http://www.hscsn-net.org), and [www.hscfoundation.org](http://www.hscfoundation.org), is designed to increase access to local resources for families of children with special needs by providing a comprehensive, single source of information on agencies and organizations. An abridged "parent" version of the directory was published this year.



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### **Continuing Medical Education (CME) Series**

Health Services for Children with Special Needs launched a CME—or continuing medical education—seminar series this year. The purpose of the series is to provide education and training to primary care physicians and specialists who treat youngsters with chronic illness. The first CME seminar topic was “Advances in Hypertension.” It was in partnership with the DC Medicaid Medical Director’s Collaborative and sponsored by Pfizer. Future sessions are now in the planning—all of which will focus on the education of providers who care for children with special needs.

### **Dose of Kindness**

The HSC Pediatric Center’s Dose of Kindness Program was created to provide life-enhancing goods and services that go beyond basic food, clothing, and shelter to children with disabilities and chronic illness. By making available products and services not considered “medically necessary” to selected applicants, the Dose of Kindness Program helps enrich and nurture young lives, giving children with special needs the chance to thrive—not just survive. Selected applicants receive awards in the form of goods or services not typically funded through Medicaid or other insurance, or available from public service or other agencies. While the program serves a limited number of children, it is designed to have a deep impact on the award recipients by providing items and services that greatly improve their lives, such as computers, arts and sports equipment, home modifications, and communications and transportation devices.

### **The Equipment Clinic at The HSC Pediatric Center**

The Equipment Clinic evaluates, prescribes, and fits children with special needs with equipment or orthotics. The Clinic Team consists of a Board certified physiatrist (a rehabilitation physician), physical therapists, occupational therapists, an orthotist/prosthetist, and interpreter. The Team provides comprehensive services for evaluation, prescription, and completion of insurance paperwork.

## **The Feeding Management Program of Greater Washington**

The Feeding Management Program of Greater Washington is a collaborative effort between The HSC Pediatric Center and Children's National Medical Center. It is designed for infants and children who have difficulties in their feeding patterns that compromise nutrition, growth, and/or family interactions.

## **The Growth Garden**

The HSC Pediatric Center's Growth Garden is a therapeutic horticultural program where children can plant and care for their own flowers, herbs, and vegetables. Under the guise of play, caring and nurturing these plants develop and enhance children's social and fine motor skills.

## **The HSC Inpatient Rehabilitation Program**

The HSC Pediatric Center's inpatient rehab program provides acute and subacute rehabilitation for children with disabilities resulting from birth, chronic illness or traumatic injuries due to accidents. A team headed by a physiatrist and physical, occupational, and speech therapists, recreation and child life specialists, nurses, dietitians and others, work together on direct care planning and rehabilitation to maximize each child's capabilities.

## **The HSC Inpatient Transitional Care Program**

The HSC Pediatric Center's inpatient transitional care program serves children who have significant cardiac, respiratory, and/or gastrointestinal



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disorders and who are technology-dependent. The children often come to the HSC before or after surgery. This provides a cost-effective alternative to an extended length of stay in an intensive care unit.

## **The HSC Outpatient Center**

The HSC Outpatient Center provides assessments and treatment in psychology, physical therapy, speech and language therapy, occupational



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therapy, audiology, developmental pediatrics, dentistry, and assistive technology. The Center is staffed by highly qualified clinical professionals, who have helped establish HSC's long-standing reputation for providing quality, family-centered care.

### **Male Caregivers Advocacy Support Group**

Health Services for Children with Special Needs Male Caregivers Advocacy Support Group was created to provide much-needed support and information to male caregivers of children with special needs. The group holds monthly sessions to discuss topics such as parental skills, financial planning, and advocacy training.

### **The Parent Advocate Leaders Program (PALS)**

Health Services for Children with Special Needs PALS Program trains veteran parents of children with special needs to become outreach advocates for parents of children with newly diagnosed developmental delays and other special needs.

### **Pediatric Audiology and Hearing Aid Clinic**

The Pediatric Audiology and Hearing Aid Clinic at The HSC Pediatric Center offers comprehensive audiological services to children from birth to 21 years of age. These services include comprehensive hearing evaluation, testing and screening, and hearing aid evaluation, fitting, and dispensing. The clinic's goal is to assess hearing sensitivity, determine the type and kind of hearing loss, if any, and intervene as soon as possible.

### **Preemie Express**

The HSC Pediatric Center's Preemie Express provides round-the-clock care for premature infants who have oxygen needs and respiratory issues, and/or a complicated neonatal course requiring technology support.

### **Volunteer Program**

The HSC Pediatric Center Volunteer Program provides a unique opportunity for those who want to make a difference in the lives of children. As an HSC volunteer, individuals play a very important role in helping children return to their homes, school, and communities. The Center is committed to matching individuals' skills and interests with the wide variety of available opportunities.



## Operations and Statistics

### **The HSC Foundation:**

- \* Expanded the Dose of Kindness Program, to include children with special needs in Northern Virginia and Suburban Maryland.
- \* Published *the little book*, a collection of stories and health tips for parents and caregivers of children with disabilities and chronic illness.
- \* Launched a Spanish version of the online Community Resource Directory on the System's websites.

### **The HSC Pediatric Center:**

- \* In 2004 The Hospital for Sick Children became The HSC Pediatric Center.
- \* Collaborated with area hospitals on patient care opportunities resulting in higher rehab admissions and new diagnoses at HSC in 2004.
- \* Projected admissions in 2004 over 2003 at HSC is 25%.
- \* Positive financial performance from operations projected for 2004 - up from a \$1.1 million loss in 2003.

### **Health Services for Children with Special Needs, Inc. (HSCSN):**

- \* Received JCAHO accreditation.
- \* Removed all type one recommendations from 2003 JCAHO accreditation survey, for 100% compliance with the standards in 2004.
- \* 80% score or better on all of the DELMARVA standards.
- \* Continued membership growth by 266 members from 2003 to projected 2004.
- Reorganized Care Coordination to better serve our members.

The HSC Pediatric Center		Health Services for Children with Special Needs, Inc.	
<b>Inpatient Days</b>	17,291	<b>2003 Member Months</b>	34,870
<b>Outpatient Visits</b>	4,096	<b>Average # of Members Per Month, 2003</b>	2,906
<b>School Visits</b>	11,814	<b>Projected 2004</b>	3,172
<b>Total Outpatient Visits</b>	15,910	<b>Medical Costs Per Member Per Month, 2003</b>	\$1,230

*For The Year Ended December 31, 2003*

**Revenues**

Net Patient Service Revenue	\$21,121,117
Net Per Capita Revenue	51,824,747
Investment Income	1,559,864
Contributions/Grants/Other Revenue	1,229,721
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Total Unrestricted Revenue/Other Support	\$75,735,449

**Expenses**

Salaries and Benefits	\$ 20,554,942
Medical Claims Expense	38,820,480
Professional Services	8,172,024
Supplies and Other Expenses	2,723,377
General and Administrative	3,435,634
Depreciation and Amortization	1,833,987
Interest	548,351
Provision for Bad Debts	86,378
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Total Operating Expenses	\$ 76,175,173
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Operating Income	\$ (439,724)
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Non-Operating Income Net of Expenses	(88,125)

Excess Revenue/Other Support Over Expenses	\$ (351,599)
Unfunded Accumulated Benefit Obligation in Excess of Unrecognized Prior Service Cost	188,424
Unrealized Gain on Other Than Trading Securities	5,498,417
Net Assets Released From Restrictions Used for Purchase of Fixed Assets	<hr/>
Change in Unrestricted Net Assets	<u>\$ 5,335,242</u>

**Assets**

Current Assets	\$ 34,285,827
Long-Term Investments	65,805,064
Land, Buildings & Equipment	16,982,784
Other Assets	578,035
	<hr/>
Total Assets	<u>\$ 117,651,710</u>

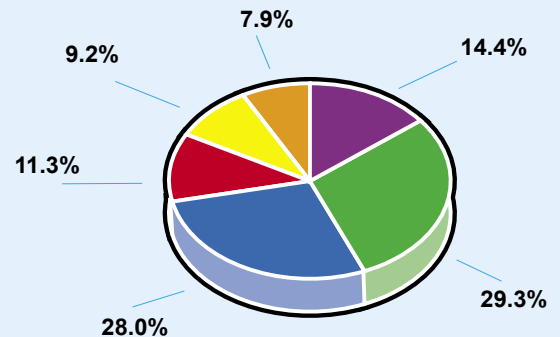
**Liabilities**

Current Liabilities	\$ 13,229,180
Long-Term Obligations	16,903,382
Net Assets	87,519,148
	<hr/>
Total Liabilities and Net Assets	<u>\$117,651,710</u>

**THE HSC PEDIATRIC CENTER**  
FORMERLY THE HOSPITAL FOR SICK CHILDREN

**Percent of Inpatient Days  
by Financial Class**

- |  |   |
|--|---|
| <span style="color: purple;">■</span> DC Medicaid  | <span style="color: red;">■</span> Commercial     |
| <span style="color: green;">■</span> MD Medicaid   | <span style="color: yellow;">■</span> VA Medicaid |
| <span style="color: blue;">■</span> DC Medicaid MC | <span style="color: orange;">■</span> Other       |





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### **The HSC Foundation**

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The artwork in this calendar was created by inpatients and outpatients at The HSC Pediatric Center. Inpatient art was created through a WVSA arts connection program, *ART is the heART*, and is coordinated by Angie Kiger and Robyn Winston. (The program brings professional artists into the Center to work with our patients.) Outpatient art was coordinated by Jacquelyn Holmes and Robin Campbell.